

GENERAL RISK ASSESSMENT FOR SWIMMERS / COACHES & POOLSIDE HELPERS - LUDLOW SWIMMING CLUB



DATE RISK ASSESSMENT CARRIED OUT: 03/02/2014

HAZARD OBSERVED	WHO MAY BE HARMED ?	RISK RATING BEFORE CONTROLS CONSEQUENCE X LIKELIHOOD=	CONTROL MEASURES	RISK RATING AFTER CONTROLS CONSEQUENCE X LIKELIHOOD =	CONTROL MEASURES BY: INITIAL
Car Park. <ul style="list-style-type: none"> • Movement of vehicles • Collision with vehicles 	<ul style="list-style-type: none"> • Swimmers. • Coaches. • Parents/Guardians/ Volunteers 	MEDIUM	<ul style="list-style-type: none"> • Swimmers reminded to use caution when going to and from swimming pool via Car Park. (Parental control) • Use laid out walkways • Checked by Teme Leisure management on regular basis 	LOW	S.M.
Entrance. Slip Trips and Falls <ul style="list-style-type: none"> • Inadequate / Defective lighting. • Shoes and bags left in walkway areas, or blocking doorways. 	<ul style="list-style-type: none"> • Swimmers. • Coaches. • Parents/Guardians/ Volunteers 	MEDIUM	<ul style="list-style-type: none"> • Lighting checked by Teme Leisure management on regular basis. • No bags to be left entrance foyer. 	LOW	S.M.
Changing Rooms. Slip Trips and Falls <ul style="list-style-type: none"> • Inadequate/Defective lighting • Slippery or defective floors. • Defective seating. • Defective floors. • Shoes and bags left on floor areas, or blocking walk way. 	<ul style="list-style-type: none"> • Swimmers. • Coaches. • Poolside Helpers 	MEDIUM	<ul style="list-style-type: none"> • Lighting checked by Teme Leisure management on regular bases. • Floors & Seating checked by Teme Leisure management on regular bases. • Swimmers to put clothing in lockers and swim bags in central reservation area poolside. • No bags to be left on floor or seating area. 	LOW	S.M.
Pool Side Slip Trips and Falls <ul style="list-style-type: none"> • Inadequate/Defective lighting. • Slippery or defective floors. • Pool depth signage. • Injury through inappropriate behaviour. • Injury Through Accident 	<ul style="list-style-type: none"> • Swimmers. • Coaches. • Poolside Helpers 	MEDIUM	<ul style="list-style-type: none"> • Inspections by Teme Leisure management on regular basis. • Warning signs NO running. • Signage for depths. • Parents/Guardian and coaches to monitor swimmers behaviour. • Behavioural Guide lines to be included in Code of conduct • Code of conduct to be given to each Swimmer. • Signage (No Running) • NO equipment on pool edge. • NO equipment blocking emergency EXITS (Supervision by Coach) • First Aider available at all times 	LOW	S.M.

1

N.B The aim of a risk assessment is to provide general information on the type of hazards the swimmers as well as others who may be involved are exposed to. IF FOLLOWING IMPLEMENTATION OF ALL CONTROL MEASURES THE RISK RATING IS STILL SUBSTANTIAL OR ABOVE, FURTHER ASSESSMENT & CONTROL MEASURES SHOULD BE CONSIDERED.

To be reviewed every 12 Months or earlier if required.

GENERAL RISK ASSESSMENT FOR SWIMMERS / COACHES & POOLSIDE HELPERS - LUDLOW SWIMMING CLUB



HAZARD OBSERVED	WHO MAY BE HARMED ?	RISK RATING BEFORE CONTROLS CONSEQUENCE X LIKELIHOOD=	CONTROL MEASURES	RISK RATING AFTER CONTROLS CONSEQUENCE X LIKELIHOOD =	CONTROL MEASURES BY: INITIAL
Entry into Pool • Slips trips fall. • Jumping in	• Swimmers.	MEDIUM	• Teme Leisure to ensure adequate signage indicating good pool management i.e. No jumping, No Bombing, No Fighting, etc.	LOW	S.M.
Diving • Collision • Banging head/body on bottom of pool	• Swimmers.	MEDIUM / HIGH	• Teme Leisure to ensure adequate signage indicating shallow and deep-water depths. • Diving has to be supervised by the coach. • Swimmers to be trained, and certificated to carry out shallow competitive starts from blocks	LOW	S.M.
In the Pool • Chemicals in the pool. Excess Chlorine in Pool) Breathing problems. Irritation of the eye.	• Swimmers.	MEDIUM	• Inspections by Teme Leisure management on regular basis. • Member of Teme Leisure swimming team with Lifesaving qualification. (always available) • Parents/Guardian and coaches to monitor Swimmers behaviour.	LOW	S.M.
• Swimming aids left around Pool • Injury through inappropriate behaviour. • Injury Through Accident Collision	• Swimmers.	MEDIUM	• Behavioural Guide lines to be included in Code of Conduct • Code of conduct to be given to each Swimmer. • First Aider available at all times.	LOW	S.M.
ENTRY & EXIT • Swimmers entering pool area before Coaches, Helpers and lifeguards are in-situ. • Swimmers may enter or fall into water unsupervised. Risk of drowning for weak/novice swimmers	• Swimmers	MEDIUM	• No Swimmers to enter poolside area before Coaches / Poolside Helpers and Team Leisure Life Guards are in position	LOW	S.M.
ENTRY & EXIT • Wet Swimmers Entering Spectator area barefooted. Spectator area surfaces may be or become slippery - swimmer or spectators fall.	• Swimmers • Spectators	MEDIUM	• All swimmers instructed to report to Coaches / Poolside Helpers before leaving poolside. Swimmers instructed to wear suitable footwear & to dry off before leaving poolside.	LOW	S.M.
ENTRY & EXIT • Under 18 swimmers leaving venue early - Risk of abduction or injury.	• Swimmers	MEDIUM	• Coaches / Poolside Helpers advise swimmers not to leave building before collection by parents-In line with ASA Child Protection Policy. Reference to Club Parents Code of Conduct	LOW	S.M.

GENERAL RISK ASSESSMENT FOR SWIMMERS / COACHES & POOLSIDE HELPERS - LUDLOW SWIMMING CLUB



HAZARD OBSERVED	WHO MAY BE HARMED ?	RISK RATING BEFORE CONTROLS CONSEQUENCE X LIKELIHOOD=	CONTROL MEASURES	RISK RATING AFTER CONTROLS CONSEQUENCE X LIKELIHOOD =	CONTROL MEASURES BY: INITIAL
POOL / VENUE HAZARDS • Fire exits are obstructed delaying evacuation in an emergency/fire	• Swimmers • Club Officials/ Volunteers • Spectators	HIGH	• Coaches / Poolside Helpers to ensure that all emergency exits are kept clear and free from obstruction at all times during swim sessions.	MEDIUM / LOW	S.M.
POOL / VENUE HAZARDS • Pool steps / Access Winch left in and swimmers catch themselves on steps / mechanism	• Swimmers	MEDIUM / LOW	• Ensure all steps and access winches have been removed before warm-up commences by Teme Leisure staff.	LOW	S.M.
POOL / VENUE HAZARDS • No backstroke flags in place. Backstroke swimmers hitting head or hands hard on wall at turns or finishes.	• Swimmers	MEDIUM	• Ensure both sets of backstroke flags are put in place at correct distance (5m) from ends of pool by Teme Leisure staff and remain in place for the duration of the Gala.	LOW	S.M.
POOL / VENUE HAZARDS • Starting blocks-unstable or too high-causing over-deep dive – hitting head/hands on pool floor	• Swimmers	MEDIUM	• Teme Leisure staff to ensure each block checked for stability and compliance with ASA regulations before warm-up commences. Maximum height of Starting Block is 750mm above water surface.	LOW	S.M.
Lack of and condition of Safety Equipment • Alarms, Poles. Ropes. Lifebuoys.	• Swimmers.	MEDIUM	• Safety Equipment evenly spread around the pool, and location signage. • Checked and tested by Teme Leisure swim management team	LOW	S.M.
Hygiene • Food pool side. • Floors of changing rooms.	• Swimmers.	MEDIUM / LOW	• Coach to ensure no food is brought on to pool side. • Signage "No Food Pool Side • Teme Leisure swim management team to inspect and keep changing rooms clean.	LOW	S.M.
Short term health issues. • Muscle aches • Cramp • Colds/Flu. • Asthma (long term) • Allergies	• Swimmers.	MEDIUM	• Parents/Guardian must advise the Coach of any short term health issues. • Coach to decide if Swimmer can swim. • Medication should be available pool side if required. (Inhalers) in appropriate bags/containers • Parent/Guardian must remain pool side. • Member of Teme Leisure swimming team to be advised (verbal) • A record of illnesses to be recorded on file. Any swimmer which wears a yellow hat should have their file colour coded to reflect at risk, and illness. This record must also reflect data protection act .	LOW	S.M
Dehydration	• Swimmers.	MEDIUM	• Swimmers advised to drink regularly whilst swimming. NO GLASS BOTTLE'S POOLSIDE.	LOW	S.M

3

N.B The aim of a risk assessment is to provide general information on the type of hazards the swimmers as well as others who may be involved are exposed to. IF FOLLOWING IMPLEMENTATION OF ALL CONTROL MEASURES THE RISK RATING IS STILL SUBSTANTIAL OR ABOVE, FURTHER ASSESSMENT & CONTROL MEASURES SHOULD BE CONSIDERED.
To be reviewed every 12 Months or earlier if required.

GENERAL RISK ASSESSMENT FOR SWIMMERS / COACHES & POOLSIDE HELPERS - LUDLOW SWIMMING CLUB



HAZARD OBSERVED	WHO MAY BE HARMED ?	RISK RATING BEFORE CONTROLS CONSEQUENCE X LIKELIHOOD=	CONTROL MEASURES	RISK RATING AFTER CONTROLS CONSEQUENCE X LIKELIHOOD =	CONTROL MEASURES BY: INITIAL
Special Needs Disability	• Swimmers.	MEDIUM / HIGH	<ul style="list-style-type: none"> Their participation may be fully integrated, and supported. Their specific needs can be determined through direct consultation with the individual or parent, their swimming background and observation on how the disability affects their swimming style. <p>NB Swimmers with epilepsy require special observation as water shimmering or flickering lights may cause a seizure. A separate Risk Assessment for each individual must be carried out.</p>	MEDIUM / LOW	S.M
First aid Provision	<ul style="list-style-type: none"> Swimmers. Coaches. Poolside Helpers 	LOW	<ul style="list-style-type: none"> Adequate levels of trained first aiders on site. A fully stocked first aid kit is easily accessible. Face shields should be available on request from staff for resuscitation. Communication network in place (Phone for emergency services) 	LOW	S.M
Child Protection					
CRB Checks	<ul style="list-style-type: none"> Coaches. Poolside Helpers 	MEDIUM / LOW	<ul style="list-style-type: none"> Any coaches or committee (Welfare Office) should be subject to the CRB checks before commencing work or committee activities (Welfare Officer). Volunteers that help out swimming session's maybe required by the club to have a CRB check. 	LOW	S.M
Level and Quality of Supervision for sessions					
• Risk of drowning	• Swimmers.	MEDIUM	<ul style="list-style-type: none"> Competent / trained staff in place.. Induction & ongoing staff training. All Coaches to have adequate Life Guard Qualifications. Swimmers to keep within lane ropes, and swim as directed by coach. Ratio of competitive swimmers per level 1 coach. 30 :1 as per ASA guidelines 	LOW	S.M